

MORGAN BOWL TRACK RULES

- No Food, No Gum, No Sports drinks – Water ONLY
- Absolutely NO Pets, Skateboarding, Rollerblading, Bikes, Scooters, Strollers, etc. allowed.
- Public walkers and joggers should use the outer lanes.
- Spike use should be kept to a minimum of 1/8" pyramid spikes. Use of Pin spikes or larger spikes is prohibited. NO cleats allowed.
- Teams MUST cross track in designated areas and utilize crossing mats whenever possible.
- Congregating on the track is highly discouraged and should only be allowed when protective matting is available.
- Equipment such as scoring tables, goals, benches, etc. are not allowed on track surface at any time. Hurdles can be placed on track for events and must be securely stored off the track surface when not in use.
- Do NOT drag any equipment across track surface. When moving equipment on, off or across track surface it MUST be carried.
- Equipment such as weighted sleds are prohibited.
- Do not throw objects while on track surface.
- Absolutely NO unauthorized vehicles, golf carts or other motorized vehicles allowed on track surface. Authorized vehicles MUST cross track using proper protection at all times.
- No Loitering
- These rules apply to the six (6) lane track as well as the runway and D-zone areas. All Town of Hudson – Park Commission/Division of Recreation Rules and Regulations apply.